Dr. Michelle Johnson-Jennings

Michelle Johnson-Jennings, PhD (Choctaw Nation Enrolled Tribal Member) is an Indigenous health psychologist, the Canada Research Chair for Indigenous Community Engaged Research Nominee, Associate Professor at the University of Saskatchewan in Indigenous Studies and associate in the College of Medicine, Community Health and Epidemiology. She also serves as an affiliate Associate Professor at the University of Colorado School of Public Health and University of Washington School of Social Work. She received her PhD from the University of Wisconsin-Madison in Counseling Psychology, a Master’s from Harvard University in Human Development and Psychology, and a Bachelor's degree from the University of Oklahoma. Dr. Johnson-Jennings' therapeutic expertise lies in working with Indigenous communities and cross-cultural psychology. Her research endeavors span the globe from founding and directing the Research for Indigenous Community Health (RICH) Center at the University of Minnesota to recently completing a US Fulbright Scholar in New Zealand at the Te Kotahi Indigenous research institute.

Dr. Johnson-Jennings, a Choctaw Indigenous, clinical health psychologist will discuss how historical and current trauma can be transformed into hope and resilience. She will further provide an example of her collaborative, randomized clinical trial and how the Choctaw Nation is seeking to improve health and reduce addiction risks.

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